

# Full Moon Ritual for Divine Activation

A Sacred Lunar Ceremony to Cleanse, Empower & Ascend

*By Zen-u: Portal of the Angelic Realms*

## Overview

This ritual is designed to synchronize your spirit with the full moon's cosmic rhythm. Under the full moon, your energy is at its peak. Shadows surface to be cleared. Light floods to be anchored. This is your sacred moment of divine recalibration.

## Step 1: Sacred Space Preparation

**Timing:** Start after sunset, ideally when the moon is visible.

1. Cleanse your space with incense (e.g. frankincense, sandalwood) or sage.
2. Place a bowl of purified water in front of you.
3. Surround yourself with white candles, crystals (like moonstone, selenite), and fresh flowers.
4. Optional: Play a soft angelic hymn or lunar frequency (528Hz or 963Hz recommended).

**Invocation:**

“I call upon the guardians of light,  
Angels of the moon and stars,  
Cleanse this space and align my spirit  
With the rhythm of divine harmony.”

## Step 2: Light Activation Meditation

Close your eyes. Breathe deeply. Visualize the moon's light pouring into your crown chakra. See it illuminating every cell, burning away what no longer serves.

**Say aloud:**

“I now release all energy, emotions, attachments,  
That do not belong to my highest path.  
I stand in the moon's light — whole, renewed, divine.”

Hold this state for 5–10 minutes. Let any thoughts rise and dissolve in the moonlight.

### Step 3: Write and Burn Ritual

Take a piece of paper and write:

- What you're releasing (e.g. fear, doubt, toxic habits, emotional burdens).
- What you're calling in (e.g. clarity, spiritual gifts, divine guidance, abundance).

Fold the paper and say:

“With lunar fire, I transmute my burdens.  
With divine will, I call forth my blessings.”

Burn the paper safely in a fire-safe bowl or candle flame. As it burns, visualize your energy field glowing brighter.

### Step 4: Water Charging & Anointing

Place your hands over the bowl of water and say:

“This water is blessed by divine light.  
I charge it with purity, peace, and protection.”

Dip your fingers in the water and anoint your third eye, heart, and palms.

Optional: Drink the water, pour some outside into nature, or keep it in a bottle to use during meditation.

### Final Blessing

Stand beneath the moonlight if possible. Spread your arms open wide. Feel yourself fully activated.

Say:

“I am aligned with the rhythm of the cosmos.  
My soul shines with lunar wisdom.  
I am reborn in light. So it is.”

### Optional Add-Ons

- Pull a Tarot or Oracle card for the full moon's message.

- Play a full moon mantra (e.g. “Om Chandraya Namah”) 108 times.
- Journal your vision or any angelic messages received.



## Ritual Credits

Crafted with celestial guidance from the Angelic Orders, the Divine Feminine, and sacred moon priestesses of old.

Created by Zen-u: Your Portal to the Hidden Realms.